



Breast Cancer Boot Camp



In honor of Breast Cancer Awareness Month, you are invited to attend **FREE** Boot Camp Classes!!

Saturday, October 17th

Class Times:

9:00 am – 10:00 am
10:00 am – 11:00 am
11:00 am – 12:00 pm
12:00 am – 1:00 pm

There will be a 15 – 20 person limit per class

Location:

Dynamic Speed & Fitness
724 Bloomfield Ave.
Verona, NJ
(973) 239 – 6422

Donations will be collected and donated to **Minette's Angels**, a non-profit breast cancer foundation based out of Verona.

Please feel free to bring friends and family. We look forward to an hour of fun, fitness and bringing awareness to an amazing cause.

Light refreshments will be served.